

Healthy Child Programme

Face to Face

Get down on the floor to play with your child.
Change your body position as you play, so that you are face to face, and your child can more easily make eye contact with you.



Why do this?

- It is easier for you to join in with their play.
- It makes it easier for your child to show you, by looking and making eye contact, that they are enjoying the play.
- It makes it easier for you to understand, or respond, to any attempts they make to communicate.
- It allows your child to see your mouth when you are talking.

Further information is available at: www.wordsforlife.org.uk

Let's Get
Talking