## Healthy Child Programme

## **Traffic Lights**



- · Get down to your child's level
- · Face to face
- · Look at what they are doing



- · Count to 10 in your head
- . Try waiting for your child to involve you in the play



- Say the name of the thing your child is exploring
- Copy back their sounds or words
- If your child says a word, repeat it back and ADD a word



