

Let's Get Talking: Following your child's lead

Welcome to Let's Get Talking. We're here to help you and your child with practical advice and support in developing their speech, language and communication skills.

When it comes to speaking, following your child's lead is a great way to help them grow in confidence and make choices for themselves. And it's really easy to do.

Your child will be looking at - and getting interested in - the world around them. Notice what these things are and simply talk about them.

Getting down to their level can really help them to see and hear what you're saying too.

It's particularly useful when playing together, as it's easier for them to make eye contact with you and they're more likely to play for longer or let you join in.

Being face to face like this also makes it easier for you and your child to communicate with one another. It lets them know you're interested in what they're doing.

For more tips and advice to help with your child's talking, take a look at our other videos.