Let's Get Talking: Keeping it simple

Welcome to Let's Get Talking. We're here to help you and your child with practical advice and support in developing their speech, language and communication skills.

When it comes to developing these skills, it's really important to match your talking with your child's current talking skills.

In other words: keep it simple.

If they're using a few single words - or none at all - try to use simple language when you play together.

Say you're playing with toy cars, use "car", "drive" or "fast".

If your child is using lots of single words but isn't linking them yet, show them how to put two together by saying things like "drive car", "cars gone" or "cars racing".

Keeping things simple is key. Hearing lots of words all at once can be too much for your child to understand and make it trickier for them to pick out the important ones.

Slowing down how fast you talk and breaking sentences into chunks will help your child to keep up with what you're saying.

They may also find it easier to learn words if you talk about what they're interested in.

For more tips and advice to help with your child's talking, take a look at our other videos.