

Let's Get Talking: Listen and respond

Welcome to Let's Get Talking. We're here to help you and your child with practical advice and support in developing their speech, language and communication skills.

One of the best ways to help your child develop their language is simply by giving them lots of opportunities to talk.

Children need time to think of what to say, so remember to keep eye contact, listen and give them time. To make sure you give them a little thinking space, you could try counting to 10 in your head while they're working out what to say.

Your child may not get their words right the first time, so it can help to repeat back the word you think they're trying to say. This way you're letting them know the right way to say it without telling them they've made a mistake.

For example, if your child says "ba" during snack time, you could reply back with "banana".

Doing this lets your child know you've understood them and encourages them to talk more.

And when playing together you could copy the sounds and actions they make, so they know you're interested and enjoy communicating with them.

For more tips and advice to help with your child's talking, take a look at our other videos.