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### Arabic

إذا كنت في حاجة إلى قراءة هذه المعلومات بلغة أخرى أو بتنسيق مختلف، يرجى الاتصال بهاتف رقم 0116 295 0903 أو إرسال بريد إلكتروني إلى: [Patient.Information@leicspart.nhs.uk](mailto:Patient.Information@leicspart.nhs.uk)

### Bengali

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### Traditional Chinese

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### Gujarati

જો તમારે આ માહિતી અન્ય ભાષા અથવા ફોર્મેટમાં જોઈતી હોય તો 0116 295 0903 પર ટેલિફોન કરો અથવા [Patient.Information@leicspart.nhs.uk](mailto:Patient.Information@leicspart.nhs.uk) પર ઇમેઇલ કરો.

### Hindi

अगर आप यह जानकारी किसी अन्य भाषा या प्रारूप में चाहते हैं तो कृपया 0116 295 0903 पर हमें फोन करें या [Patient.Information@leicspart.nhs.uk](mailto:Patient.Information@leicspart.nhs.uk) पर हमें ईमेल करें

### Polish

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### Punjabi

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਜਾਂ ਫਾਰਮੈਟ ਵਿਚ ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ 0116 295 0903 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ ਜਾਂ ਇੱਥੇ ਈਮੇਲ ਕਰੋ: [Patient.Information@leicspart.nhs.uk](mailto:Patient.Information@leicspart.nhs.uk)

### Somali

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### Urdu

یا ای اگر آپ کو یہ معلومات کسی اور زبان یا صورت میں درکار ہوں تو براہ کرم اس ٹیلی فون نمبر 0116 295 0903 میل پر رابطہ کریں [Patient.Information@leicspart.nhs.uk](mailto:Patient.Information@leicspart.nhs.uk)

## Your baby has a bruise, skin discolouration or marks - what happens next?



A guide for parents

## Your baby has a mark - why is that a concern?

There are a number of different reasons why your baby may have a mark on their skin or in their eyes. To ensure the wellbeing of your baby it's important to understand what has caused the mark.

## What could be the reason for the mark?

- The mark could be a birthmark such as a blue spot (these are blue-grey or bruised-looking birthmarks). Birthmarks vary in both shape and colour. Not all birthmarks are actually visible at birth, sometimes they appear days or even weeks later.
- A bruise, skin discolouration or mark may be a sign of a medical condition. Some skin marks will need to be investigated by a doctor and your baby may need treatment.
- A bruise or other mark on the skin or eye could be a sign of injury or a birth trauma. This will need to be explored further to help keep your baby safe.



## Our role

Health professionals have a duty to be alert to any sign that your baby may be unwell or may have been injured. Our aim is always to do the best thing for your baby, especially as it is not always easy to be sure at first glance what a mark may be.

## If the mark is unexplained what will happen next?

All health professionals in Leicestershire Partnership NHS Trust (LPT) must follow the organisations and the Local Safeguarding Children Partnership Board (LSCPb) procedures when an unexplained mark is identified.

This will involve a discussion with other relevant professionals including Children's Social Care and a plan for what further action is required will be agreed. This could be a 2<sup>nd</sup> opinion by the GP or a referral to Children's Social Care; which could result in a medical examination by a paediatrician.

## Next Steps

You can be assured that you will be dealt with fairly and kept informed.

