

Walk

for Maternal
Mental Health
Awareness Week

& Talk



Join your **local
community** for a
friendly **walk**

Wednesday 6th May 2026
Meet at 1pm

What to expect

Meet new people, enjoy the outdoors, and support maternal mental health week together. Pushchair friendly route.

Everyone welcome!

Bring your babies, children, friends or family!



Meeting Point: Western Park, Glenfield, Leicester, LE3 6HX