

Are you a parent under 25 with a baby under 1 year?



Nottinghamshire Healthcare
NHS Foundation Trust

We are looking to gain feedback on the following topics:

- ✓ What helped you with your feeding choices?
- ✓ Looking back, could anything have been done differently to help you on your feeding journey?
- ✓ Have you any ideas for how we could better support families with feeding their babies?

If you would like to come along and share your experiences and hear more about the local Healthy Family Team, come along to:

Date: 14.1.26

Time: 10.00am - 11.00am

Venue: The Hub,
Stapleford Care Centre,
Church Street, Stapleford,
Nottingham, NG9 8DB.



**Breastfeeding Friendly
Nottinghamshire.**

