



# SCABIES

## COMMON CHILDHOOD AILMENTS

### SYMPTOMS

Scabies is an itchy rash caused by mites. It is spread through close contact. The rash may look red on white skin, and darker than your usual skin colour on brown or black skin. The rash can appear anywhere on the body and spread quickly.



### INCUBATION

Scabies is very infectious, and it can take up to 8 weeks for the rash to appear. Tiny mites lay eggs in the skin, leaving lines with a dot at one end. Your child can go back to school 24 hrs after 1st treatment. A Pharmacist will recommend a cream or lotion that you apply over the body.

### TREATMENT

Everyone in your home needs to be treated all at the same time. The treatment will need to be repeated 1 week later. Do not use pharmacy treatments on children under 2 years old - speak to your GP. Itching may last a little longer after treatment has finished.



### TOP TIPS

Wash bedding and clothing in the house at at least 60C. Do not share bedding, towels, or clothing with anyone with scabies.

### FURTHER SUPPORT



Go to [111.nhs.uk](https://111.nhs.uk)



Call 111



Remember, if in doubt, call 111