



RINGWORM

COMMON CHILDHOOD AILMENTS

SYMPTOMS

Ringworm is a common fungal infection that can appear as a circular rash on the skin. The rash is usually ring shaped but can look different on different parts of the body.



INCUBATION

It is contagious and can be passed on through close contact. A child can return to nursery or school after treatment has started. Inform the setting of the case of ringworm.



TREATMENT

Antifungal medicine is available through a pharmacist or GP. You may have to take medicine for up to 4 weeks. Do not share towels, bedding or clothes. Try not to scratch the affected area, if the area is touched wash hands immediately with soap and water.



TOP TIPS

Contact your GP if the ringworm has not improved after treatment or you have a weakened immune system.



FURTHER SUPPORT



Go to 111.nhs.uk



Call 111



Remember, if in doubt, call 111