



# RINGWORM

## COMMON CHILDHOOD AILMENTS

### SYMPTOMS

Ringworm is a common fungal infection that can appear as a circular rash on the skin. The rash is usually ring shaped but can look different on different parts of the body.



### INCUBATION

It is contagious and can be passed on through close contact. A child can return to nursery or school after treatment has started. Inform the setting of the case of ringworm.

### TREATMENT

Antifungal medicine is available through a pharmacist or GP. You may have to take medicine for up to 4 weeks. Do not share towels, bedding or clothes. Try not to scratch the affected area, if the area is touched wash hands immediately with soap and water.



### TOP TIPS

Contact your GP if the ringworm has not improved after treatment or you have a weakened immune system.

### FURTHER SUPPORT



Go to [111.nhs.uk](https://111.nhs.uk)



Call 111



Remember, if in doubt, call 111