



IMPETIGO

COMMON CHILDHOOD AILMENTS

SYMPTOMS

Impetigo is a skin infection that is not usually serious but is very contagious. After treatment, it takes 7-10 days to get better. It is very common in children. Impetigo often starts with blisters or red sores, but the redness may be harder to see in different skin tones.



INCUBATION

The blisters or sores quickly burst and leave crusty, golden-brown patches. These can be itchy and painful. Impetigo is not contagious 48 hours after treatment or when the patches dry out and crust over. Keep your child off school.



TREATMENT

You may require antibiotics if the blisters are more widespread on your body. Babies and people with a weakened immune systems may need antibiotics. Do not touch or scratch sores, blisters, or any crusty patches as this may cause scarring.



TOP TIPS

Wash your hands frequently. Keep blisters and sores clean and dry. Wash bedding and towels at a high temperature and do not share. Clean toys with detergent and warm water. Do not have close contact with children or people with diabetes or a weakened immune system.



FURTHER SUPPORT



Go to 111.nhs.uk



Call 111



Remember, if in doubt, call 111